



Hamilton Workingmen's Club



Fishing subsection

May 2019

Club Officials

Vice Commodore:	Brian Morrow	07 847 8741
Secretary:	Raewyn Forsman	027 2799155
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Hello Fellow Fisher People

Well autumn is well and truly here with cooler mornings and some beautiful clear days.

I have often heard Tauranga referred to as 'the bay of empty', but I'm not sure that is really true. On my last three trips out with our son Alan we have both easily caught our limit of snapper, which have to be a minimum of 30cm, unlike the West Coast which is only 27cm. However we like our fish to be at least 32cm plus. We have also caught plenty of Kahawai, Skippy's, a couple of Kingfish and Terakihi. The harbour has been producing plenty of good fish too.

I would like to thank the members who took time to submit photos and fishing reports for the newsletter. Please write a report if you're asked, I cannot be on every trip. Or feel free to contribute an article, as this a big help when collating a newsletter.

I trust you are all enjoying your fishing whether on your own boat or on one of our club trips.

Diane Kearvell

Fishing Club AGM
15th May 2019 6-30pm

The AGM will be held in the Pavilion HWMC. All Welcome.
Raewyn Forsman (secretary) has sent all members the finer details concerning the AGM.
Looking forward to seeing you all there.

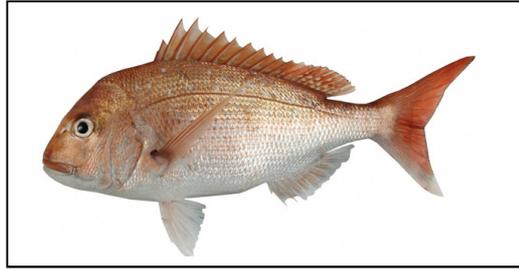
Biggest Snapper Competition Leaders to Date:

East Coast

Gary Shaw 4.50kg
Barry Robb 4.19kg
Jayne Bentley 3.47kg

West Coast

Russell Allerby 6.70
Brian Morrow 6.45kg
Mike Ground 5.93kg



This competition runs from our 2018 AGM until our 2019 AGM. Snapper of a good size caught on club trips will be weighed and the weight recorded by the trip leader.

Upcoming fishing Trips 2019

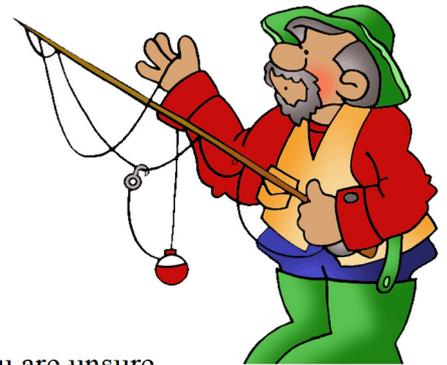
May Saturday 4th Raglan Sea Thief

May Saturday 11th Tapu Fish 4 T

May Wednesday 29th Tapu Fish 4 T

June Saturday 1st Tapu Fish 4 T

Russell Allerby is our trip coordinator and will post all future fishing trips on the Hamilton Workingman's Club notice board. If you are unsure about anything relating to our trips he can be contacted on his mobile number **021 407823**



Raffles

A big thank-you to all members who helped with our April raffles. We couldn't have managed without your assistance.

Next raffle nights will be July 16th through to July 20th

An Irishman is struggling to find a parking space. "Lord," he prayed. "I can't stand this. If you open a space up for me, I swear I'll give up the Guinness and go to mass every Sunday." Suddenly, the clouds part and the sun shines on an empty parking spot. Without hesitation, the Irishman says: "Never mind, I found one!"

Sea Thief Kingfish trip April Saturday 6th

Ross Kearnell

Brian, Neil, Wayne, Thomas, Alan and I left the wharf at about 7-00am in the hope of catching some nice big Kingfish. The sea started off quite nice, but turned choppy later when the wind got up.

A number of Rat Kingis were caught, a couple just under the limit, but only one keeper. This was caught by Thomas.

I wasn't too popular for losing Diane's favourite pink Kingfish Jig. Craig did his best to retrieve it, but it was well and truly stuck.

We also landed some nice Kahawai and a few average size snapper. We had a number of shifts to try and get onto snapper with little success. Brian and I set up a burley trail at one point, which didn't really help the fishing.

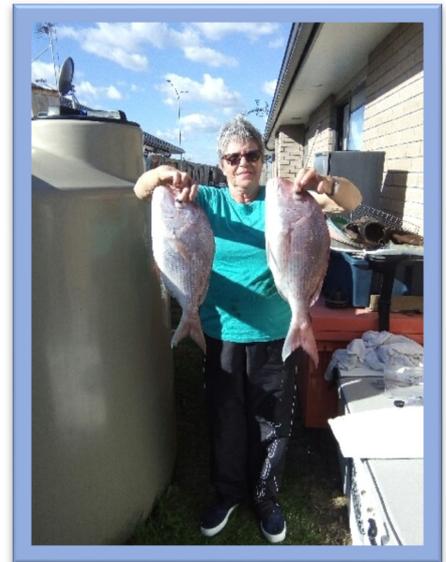
Thankyou Craig for a nice day out.

Trip out of Raglan on Sea Thief April 14th

Lynne Buck

The bar crossing wasn't too bad, but the sea was not pleasant and rather lumpy. Some nice fish were caught. The biggest at 3.2kg caught by me (Lynne). I out fished the 5 men on board-Russell, Norm, Barry, Paul and Bob. Great to have Bob out fishing again. We got our quota and were back at the wharf just after midday.

Thanks Craig for another safe day out fishing across the Raglan Bar.



Fishing Out From Tapu May 1st

Wayne Manning

We had a very good fishing trip on Wednesday at Waikawau there was Wayne, Barry, Paul, Roger, Les and Murray. We all had a very good time there were some nice fish caught the biggest was caught by Les (9 lb 9) the second biggest fish was caught by Barry (9lb 1).

We didn't have to shift from where we first stopped, we did the business and had our limit in an hour and a half. We were on the water at 7am and back at the ramp at 9:30.

The new motor in Dan's boat made a lot of difference to it's performance. It went very well. We all got our limit. Dan worked very well for us thank you Dan.



Baked Fish with Lemon Cream Sauce (One Baking Dish!)

(Our son discovered this recipe, it is super easy and delicious)

Ingredients

Fish fillets

4 tablespoons unsalted butter

¼ cup cream

1-2 cloves garlic

1 tablespoon Dijon mustard

1 ½ tablespoons lemon juice

Salt & pepper

1 ½ tablespoons finely chopped shallots

Fresh parsley and lemon slices

Preheat oven to 200C/390F.

Place fish in baking dish, sprinkle both sides of fish with salt and pepper.

Place butter, cream, garlic, mustard, lemon juice, salt and pepper in a microwave proof jug or bowl. Microwave in 2 X 30 seconds bursts, stirring in between, until melted and smooth.

Sprinkle fish with shallots, then pour over sauce. Bake for 10 to 12 minutes or until fish is just cooked. Remove from oven and transfer fish to serving plates, spoon over sauce, and garnish with parsley and lemon wedges.



Old Man McQuillan walked into a bar and ordered martini after martini, each time removing the olives and placing them in a jar. When the jar was filled with olives and all the drinks consumed, the Irishman started to leave.



"S'cuse me," said a customer, who was puzzled over what McQuillan had done. "What was that all about?"
Nothing," said the Irishman, "my wife just sent me out for a jar of olives."

Tips on how to release fish

Since 2014, when the minimum size limit for snapper changed from 27cm to 30cm in the Snapper 1 fisheries management region (Northland and Auckland east coast and Bay of Plenty), the number of small snapper that recreational fishers are required by law to release back into the water has grown. So with more small fish being thrown back it is up to us to ensure those fish survive to grow, breed and thrive.

Handling fish of any size with respect is not difficult, but it is easier with small fish than with those that are larger and stronger.

1. Always wet your hands first. Don't squeeze the fish, especially around the gut area, and keep your fingers away from the eyes and gills.
2. Time is of the essence, so slip the fish back into the water as quickly and gently as you can.
3. Where possible, it is best not to handle fish at all, other than to remove the hook(s).
4. Bigger fish can often be unhooked in the water beside the boat, within the net bag (you can leave the net in the water), or inside the boat suspended in the net.
5. If you must bring fish aboard, don't place them on a hot and/or dry surface. Consider lying them on a freshly wetted towel, or at least wet the deck.
6. If you want a photo, take it quickly and use wet hands to hold the fish.
7. If you fish for snapper in 20m of water or deeper, catch and release might not be a viable option.
8. If fish are of legal size, but release is not a good option, stop fishing as soon as the legal bag limit is reached or you have enough fish for your needs.

It's becoming increasingly clear that snapper (and many other species) pulled to the surface from deep water suffer the ill-effects of decompression. The associated physiological damage, called **barotrauma**, includes distended swim bladders that can push the stomach out through the mouth and may damage the fish's internal organs and rupture the swim bladder. In severe cases, the eyes bulge and gas escapes through the skin, lifting the scales. The post-release survival of any fish suffering this degree of barotrauma is unlikely.

Venting fish usually allows them to swim back to the bottom after release,

BAROTRAUMA EXPLAINED

Many species of bony fish use swim bladders to control buoyancy, particularly bottom-dwelling and midwater species. They can make vertical movements between deep and shallow water, but the movements must be slow enough to adjust the volume of gas in their swim bladders. In some cases, the transition between depths takes days. Rapid decompression releases so much gas from the bloodstream and tissues at once that it overwhelms the swim bladder's ability to compensate for depth changes, causing the fish to 'blow up'.



Annual Fishing Competition March 22nd-24th 2019

More fishing competition photos. A lovely dinner followed by prize-giving. Thank-you again to our sponsors **Smart Marine** Te Rapa Hamilton. Please remember to support Smart Marine when you need to purchase more fishing gear.

(Thankyou Jill for this collection of photos)



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